

SABABA FOOD

CARMEL SCHOOL
CANTEEN
Tel:93754333

Morning Tea

Garlic bread	whole \$1.80 half \$1.00
Pizza	whole \$2.40 half \$1.20
Potato bourkas	\$1.50
Zucchini slice	\$2.50
Hard boiled egg	\$1.00
Pickled cucumber	\$1.00
Anzac biscuit	0.50c
Ginger bread man	\$2.00
Slinky (apple)	\$1.50
Watermelon	0.50c
Banana smoothie	\$3.00
Mango smoothie	\$3.00
(milk or soy milk)	

GF = Gluten free

Rolls

Choose Roll:

**Plain, Wholemeal,
Multigrain, Wrap or GF
Bread**

Plain roll

Whole \$1.50 Half 0.80c

Buttered roll

Whole \$1.80 Half \$1.00

Vegemite roll

Whole \$2.20 Half \$1.20

Jam or honey roll

Whole \$2.20 Half \$1.20

Salad roll

Whole \$5.00 Half \$3.00

Egg mayo roll

Whole \$5.00 Half \$2.50

Tuna mayo roll

Whole \$5.00 Half \$2.50

Tuna, mayo & pickles

Whole \$6.00 Half \$3.00

Hummus & pickles

Whole \$5.00 Half \$2.50

Omelette and tomato

Whole \$6.00 Half \$3.00

Cheese and tomato

Whole \$6.00 Half \$3.00

Any roll with extra salad

whole \$1.40 half 0.70c

Extra Beetroot 50c

Salad

Salad box

(lettuce, tomato, carrot & cucumber) \$5.00

Greek salad

(lettuce, tomato, cucumber, capsicum, feta \$7.00
and Olives)

Extras:

hard boiled egg, egg mayo tuna, tuna mayo, pickled cucumber \$1.00
Yellow cheese \$1.50 Beetroot 50c

DRINKS & EXTRAS

Water	\$2.00
Nippy's choc milk	\$3.00
Juice box	\$1.50
Icy pole	\$1.00
Choc muffin	\$1.50
Blueberry muffin	\$1.50
Muffin choc GF	\$1.50
Ginger bread man	\$2.00

Only on Friday's

Choc cake	0.50c
Vanilla cake	0.50c
Freddo frog	0.80c
(plain, mint, Carmelo)	

Lunch

Monday

Vietnamese rolls with vegies
With sweet and chilli sauce
3 for \$7.00 or 2 for \$5.00 (GF)

Tuesday

Pizza margarita \$6.00
Small \$4.50

Any extra topping: Olives,
Pineapple, Corn, Mushrooms .50c

Wednesday

Noodle box

Large \$6.00 small \$4.50 GF \$6.50

Thursday

Sushi 8 pieces:

Tuna \$7.50 veggie \$7.00
4 pieces \$4.00 (Tuna/Veg)

Friday

Mac & Cheese
Large \$6.00 small \$4.50 GF \$6.50

Every day available:

Watermelon in a cup \$1.50

Frozen Banana \$1.00

Frozen pineapple \$1.00

Corn on the Cob \$1.00

Edamame \$2.50

Hot dog \$3.60

Tomato sauce 0.40c

Vegetarian schnitzel

With Mayo and Lettuce \$6.00