



CARMEL SCHOOL CANTEEN

Tel: 9375 4333

## RECESS

### Start off with savoury

	whole / half
Garlic bread.....	\$2.00 / \$1.00
Pizza.....	\$2.40 / \$1.20
Potato bourkas.....	\$1.50
Hard boiled egg.....	\$1.00
Pickled cucumber.....	\$1.00

### Something sweet?

Anzac biscuit.....	\$0.50
Gingerbread man.....	\$2.50
Slinky apple.....	\$1.50
Watermelon cup .....	\$2.00
Hot chocolate.....	\$2.50

### Thirsty?..

Fruit smoothie .....	\$3.00
• Banana	
• Mixed berry	
• Mango	

## ALL DAY LONG...

### DRINKS & EXTRAS

#### ~ DRINKS ~

Water .....	\$2.00
Fruit juice.....	\$3.50
- Apple	
- Apple & blackcurrant	
- Orange	
Juice box.....	\$1.50
Nippy's chocolate milk.....	\$3.00

#### ~ BAKED GOODS ~

Chocolate muffin.....	\$1.50
Gluten free chocolate muffin..	\$2.00
Blueberry muffin .....	\$1.50
Gingerbread man.....	\$2.50

#### ~ FRIDAY TREATS ~

kitkat / freddo frogs.....	\$1.00
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## SANDWICHES

Plain roll .....	\$1.50 / \$0.80
Buttered roll .....	\$2.00 / \$1.00
Vegemite roll .....	\$2.20 / \$1.20
Jam / honey roll .....	\$2.20 / \$1.20
Salad roll .....	\$5.00 / \$3.00
Egg mayo roll .....	\$5.00 / \$3.00

Bread options;  
Rolls; Plain, Wholemeal, multigrain  
Wrap  
Gluten free bread

Tuna mayo roll .....	\$5.00 / \$3.00
Tuna mayo & pickles..	\$6.00 / \$3.50
Hummus & pickles ....	\$5.00 / \$3.00
Omelette & tomato....	\$6.00 / \$3.50
Cheese & tomato.....	\$6.00 / \$3.50

Extras: Salad ...\$1.40 / \$0.70  
Beetroot \$1.00

## SALADS

Salad box .....	\$6.40
lettuce, tomato, carrot & cucumber	
Greek salad .....	\$7.40
lettuce, tomato, cucumber, capsicum, feta cheese & olives	
Extras:	
• Beetroot .....	\$1.00
• Yellow cheese ...	\$1.50
• Boiled egg	} \$1.00 (each)
• Egg mayo	
• Tuna mayo	
• Pickles	

## DAILY SPECIALS

**M**

**POKE BOWL - \$6.00**  
rice, carrot, cucumber,  
lettuce  
Sauce: Plain / Mild / Soy

Extras	
Avocado.....	\$1.50
Baked Teriyaki Salmon..	\$3.50
Edamame.....	\$1.00
Tuna mayo.....	\$1.00

**T**

**MARGHERITA PIZZA \$5.00**

Extras .....	50c each
Olives	
Pineapple	
Corn	
Mushrooms	

**W**

**BAKED POTATO WITH BUTTER**  
Small - \$3.00  
Large - \$4.00

Extras .....	\$1.50 each
Sour cream	
Coleslaw	
Cheese	

**T**

**SUSHI**  
8 pieces / 4 pieces  
Tuna .....\$7.50 / \$4.00  
Veg .....\$7.00 / \$4.00

**F**

**MAC N' CHEESE**  
Small .....

בתיאבון!!! 🍴

Is the food **Sababa** 🍴?  
This menu **and more** can be  
ordered for your home 🏠!  
For more details, contact  
Michal

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