

Lunchtimes at Carmel School

Just like adults, different children enjoy doing different things in their spare time. Lunchtimes at school are an important part of the day for socialising and relaxing in between classroom learning. Some children like to spend lunchtimes hanging out and chatting with their friends; others prefer a more structured activity or a choice of things to do. If someone is having a hard time or a bad day, it can help to have somewhere to go to enjoy an activity with others. The activities below aim to provide a variety of options – some physically active and others more sedentary. Whether or not children choose to get involved is entirely up to them.

The activities listed below are supervised by a range of different people at different times of the school year. They provide opportunities for social interactions between year groups and places for like-minded children to hang out with each other.

Primary School

Children eat lunch from 1 to 1:15 and then spend 30 mins playing, supervised by educators. The basketball court, gaga ball and playgrounds are available for various year groups each day, as is the oval, where children can play cricket, soccer or just run around. Year 6 students also have access to table football and table tennis and Year 1 to 3 students can choose to play in the nature playground. For all year groups, sports equipment is available – balls, cricket sets, soccer balls, hula hoops and frisbees.

The Primary School library is open four lunchtimes per week and provides a quiet space for anybody who wants to read or play chess, plus board games on a Friday.

	Primary School - what's on at lunchtime?
Monday	Library open
Tuesday	Library open
Wednesday	Activity free day – socialising with peers
Thursday	Israeli dance club (Years 5 and 6) Library open Chess coaching (Years 1 and 2)
Friday	Habonim Dror/B'nei Akiva activities Board games (library) Library open for reading/chess practice

Secondary School

The basketball courts and table tennis/ping pong tables are available to students every day, as is the oval, where they can play soccer or frisbee.

	High School - what's on at lunchtime?
Monday	Library open Ruach music with the SRC
Tuesday	Library open Hebrew Club
Wednesday	Year 7 to 9 – Chips and Chat (with the Tzevet) Debating/mock trials Dungeons and Dragons (Mr Raston)
Thursday	Library open Year 10 to 12 – Lunch and Learn (with the Tzevet)
Friday	Library open Israeli Band Habonim Dror/B'nei Akiva activities